

# Body Movin' (Fatboy Slim Remix)

## Beastie Boys

Body movin', body movin',  
A1 sound, never sound so soothing  
Body movin', body movin',  
We be getting down and you know we're crush groovin' Let me get some action from the back  
section  
We need body rocking not perfection  
Let your back bone flip but don't slip a disc  
Let your spine unwind just take a risk I wanna do the freak until the break of dawn  
Tell me party people is that so wrong?  
The ship is docking, inter-lockin  
And up-rockin electro-shocking We're getting down computer action  
Do the robotic satisfaction  
All of y'all get off the wall  
Have a ball and get involved with  
Body movin', body movin',  
A1 sound, never sound so soothing  
Body movin', body movin',  
We be getting down and you know we're crush groovin' Flame on, I'm gone  
I'm so sweet like a nice bon bon  
Came out rapping when I was born  
Mom said rock it till the break of dawn Puttin bodies in motion cause I got the notion  
Like Roy Cormier with the coconut lotion  
The sound of the music makin' you insane  
You can't explain to people this type of mind frame Like a bottle of Chateau Neuf Du Pap  
I'm fine like wine when I start to rap  
We need body rockin' not perfection  
Let me get some action from the back section  
Body movin', body movin',  
A1 sound, never sound so soothing  
Body movin', body movin',  
We be getting down and you know we're crush groovin' Mike D with the master plan  
Ooh my my and thank you ma'am  
And when I grab the mic you scream Ooh god damn  
The creme de la creme is who I am MCA where have you been?  
Packed like sardines in the tin  
So kick off your shoes and put on your swim fins  
'Cause when it comes to quarries I'm known to swim Ad Rock light up the place  
And if you pull my card you pull the ace  
And if you ask me turn up the bass  
And if you play Defender, I could be your hyper space Body movin', body movin',  
A1 sound, never sound so soothing  
Body movin', body movin',

We be getting down and you know we're crush groovin'

Lyrics provided by <http://www.1songlyrics.com/>