Ball and Chain

Phonte

She holds me down She holds me up She licks my wounds Then cuts me deep She tells me stay Then plans to leave She is my cure And my disease And it's so complicated Cuz I hate myself for feeling this way These walls used to protect me Now they're closing in, yeah She keeps me so secure Until I can't escape So unpredictable that it's all the same I knew the moment when Your anchor turned into a ball and chain And it's oh so plain As clear as eyes can see The greatest happiness This side of misery

Ain't nothing wrong with having both feet on the ground
Until you look around and realize that you are bound
Realize that you have drowned in a sea of security
That leads to complacency now tell me how that sound
You tell me how you found your way back to the turnout
When your love flames burn out now your house looking smoky
Like the teardrops of a clown,
just wanna live in peace

But can't show too many teeth cuz she'll take shots at your crown POW, another shot another man down

So I'm back on my Moe Dee shit, how you like me now Back on my public speak shit, talking to the crowd Standing tall, front and center when I'm finished take a bow

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