

Lose Yourself

Eminem

Look

If you had one shot, or one opportunity
To seize everything you ever wanted

One moment

Would you capture it or just let it slip? Yo His palms are sweaty, knees weak, arms are heavy
There's vomit on his sweater already, mom's spaghetti

He's nervous, but on the surface he looks calm and ready to drop bombs

But he keeps on forgetting what he wrote down, the whole crowd goes so loud

He opens his mouth, but the words won't come out

He's choking how, everybody's joking now

The clock's run out, time's up, over, bloah!

Snap back to reality

Oh, there goes gravity

Oh, there goes Rabbit, he choked

He's so mad, but he won't give up that easy, no

He won't have it, he knows his whole back's to these ropes

It don't matter, he's dope

He knows that but he's broke

He's so stagnant, he knows when he goes back to his mobile home, that's when it's

Back to the lab again, yo

This whole rhapsody

He better go capture this moment and hope it don't pass him You better lose yourself in the
music, the moment

You own it, you better never let it go

You only get one shot, do not miss your chance to blow

This opportunity comes once in a lifetime

You better lose yourself in the music, the moment

You own it, you better never let it go You only get one shot, do not miss your chance to blow

This opportunity comes once in a lifetime You better

The soul's escaping, through this hole that is gaping

This world is mine for the taking

Make me king, as we move toward a new world order

A normal life is boring, but superstardom's close to post mortem

It only grows harder, homie grows hotter

He blows, it's all over

These hoes is all on him

Coast to coast shows, he's known as the globetrotter

Lonely roads, God only knows

He's grown farther from home, he's no father

He goes home and barely knows his own daughter

But hold your nose 'cause here goes the cold water His hoes don't want him no more, he's cold
product

They moved on to the next schmoe who flows
 He nose dove and sold nada So the soap opera is told and unfolds
 I suppose it's old partner but the beat goes on
 Da da dum da dum da da You better lose yourself in the music, the moment
 You own it, you better never let it go
 You only get one shot, do not miss your chance to blow
 This opportunity comes once in a lifetime
 You better lose yourself in the music, the moment You own it, you better never let it go
 You only get one shot, do not miss your chance to blow
 This opportunity comes once in a lifetime
 You better No more games, I'ma change what you call rage
 Tear this motherfucking roof off like two dogs caged
 I was playing in the beginning, the mood all changed
 I've been chewed up and spit out and booed off stage
 But I kept rhyming and stepped right into the next cypher Best believe somebody's paying the
 pied piper
 All the pain inside amplified by the fact
 That I can't get by with my 9 to 5
 And I can't provide the right type of life for my family
 'Cause man, these goddamn food stamps don't buy diapers
 And there's no movie, there's no Mekhi Phifer, this is my life
 And these times are so hard, and it's getting even harder
 Trying to feed and water my seed, plus
 Teeter totter caught up between being a father and a prima donna
 Baby mama drama's screaming on and
 Too much for me to wanna stay in one spot, another day of monotony
 Has gotten me to the point, I'm like a snail I've got to formulate a plot or I end up in jail or shot
 Success is my only motherfucking option, failure's not
 Mom, I love you, but this trailer's got to go I cannot grow old in Salem's lot
 So here I go it's my shot
 Feet, fail me not, this may be the only opportunity that I got
 You better Lose yourself in the music, the moment
 You own it, you better never let it go
 You only get one shot, do not miss your chance to blow
 This opportunity comes once in a lifetime
 You better lose yourself in the music, the moment
 You own it, you better never let it go
 You only get one shot, do not miss your chance to blow
 This opportunity comes once in a lifetime
 You better You can do anything you set your mind to, man
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