

# Shape Up

## State Champs

When I tell the story of this decade  
The memories and melodies are never the same I knew that we prevailed  
Knew it all too well  
Never end up stale  
Another thing that I wish I knew  
Is how you're gonna sit me down and make me choose  
There's no doubt it will turn around  
So I'll tell myself that I'm  
Not a victim  
But I'll own up to the mistakes that I made  
I can see through it all  
The world's never gonna fall back  
Ask where you're at  
Out with the old  
Let the truth be told  
Shape up, and stand tall  
When I tell you why I don't act my age  
It compliments the fact that you've got nothing to say  
I knew that it took time and a fucked up mind  
Just to stay in line  
But all the value I could demonstrate  
And all the places that I've grown to hate  
Well, they bring life, so I'll say it twice  
I just wanna know what it's like to rebel  
So I'll just tell myself that I'm  
Not a victim  
But I'll own up to the mistakes that I made  
I can see through it all  
The world's never gonna fall back  
Ask where you're at  
Out with the old  
Let the truth be told  
Shape up, and stand tall  
I could lie if you wanted  
But in the night I think of all this time and all this space  
And all the tracks in the dirt that we could retrace back home  
I'm not alone  
Don't put my story back on it's shelf  
I was choked up but my tongue untied itself

