Ataraxia

Everclear

[spoken]Today, medical science recognizes
That some folks aren't helped by relaxing exercizes.In cases of difficult tension,
and nervous apprehension,

Doctors are now prescribing medicine. It makes those who fear they're about to quit, feel like they're ready to begin. Bidding their darkened spirits goodbye, for the calming peace of a cloudless sky.

Lyrics provided by http://www.1songlyrics.com/