## Nyctophobia

## **Asia**

Don't blow the candle out, just leave it by my bed With all these ghosts and visions, trolls inside my head Just when the wolf will howl, the dogs begin to bark This is for real, I have a fear of the dark And as the endless nights will overturn the days Intellectual logic seems to vanish in a hazeParanoia has the measure of me Hallucinations now dictate reality I'm hearing voices now, I wish that I could see I look around, I know there's no-one here but me The mirror shimmers there's an angel here at last Always demons looking back, and laughing through the glass Nyctophobia, fear of the darkI am confused, I really don't know what to think Maybe Mr. Allen does 'cause he's a Harley shrink He asks me how I feel, I mumble "just okay" He says "ok's not a feeling, Jack, we need to peel away The layers of your onion, your emotional disease Blow all these candles out, I want you on your knees" It's way too dark in here, it's silent as the grave It's cold and clammy, like I'm sealed into a cave There is no air in here, I'm drowning in my fear And if I close my eyes, the ground will disappear I have a chronic phobia, and up until this day There is no guarantee that it will go awayNyctophobia, fear of the dark

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