

The Feeling of Being Alive

[Andrew W.K.](#)

If you ever feel like something
Is very, very wrong
Wrong with life
Wrong with yourself
I understand
I have that feeling tooBut in actuality
That feeling isn't wrong
That feeling is just being human
That intense feeling inside
Is the feeling of existing
Of being alive
Of being a person
It's a mountain to climb
It's a test to pass
It's a challenge
We are ultimately worthy of
And rather than dread
Or resent this challenge
We can embrace it
We can learn from it
And we can celebrate itLife is very intense
But that doesn't mean it's bad
Understanding this is what partying's all about

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