

# Metal Health (Bang Your Head)

## Quiet Riot

Well, I'm an axe grinder  
Piledriver  
Mama says that I never, never mind her  
Got no brains  
I'm insane  
The teacher says that I'm one big pain  
I'm like a laser  
Six-string razor  
I got a mouth like an alligator  
I want it louder  
More power  
I'm gonna rock it till it strikes the hourBang your head  
Metal health will drive you mad  
Bang your head  
Metal health will drive you mad, all right  
Well, I'm frustrated  
Outdated  
I really want to be overrated  
I'm a finder  
And I'm a keeper  
I'm not a loser and I ain't no weeper  
I got the boys  
To make the noise  
Won't ever let up, hope it annoys you  
Join the pack  
Fill the crack  
Well, now you're here, there's no way backBang your head  
Metal health will drive you mad  
Bang your head  
Metal health will drive you mad  
Metal health will cure your crazy  
Metal health will cure your mad  
Metal health is what we all need  
It's like a heart attackBang your head  
Wake the dead  
We're all metal mad  
It's all you have  
So bang your head  
And raise the dead, oh yeah  
Metal health  
It drives you mad, mad, mad, madBang your head  
Metal health will drive you mad

Bang your head  
Metal health will drive you madOh, get your straightjackets on tonight, oh  
The bad boys are gonna set you right  
Oh rock ya, rock ya, rock yaBang your head  
Metal health will drive you mad  
Bang your head  
Song Discussions is protected by U.S. Patent 9401941. Other patents pending.

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